

## *Easy Beef Stroganoff*



- 1 lb. ground beef (hamburger)
- 1 onion, chopped
- ¼ cup ketchup (see our homemade recipe)
- 1 cup beef broth
- ½ tsp. salt
- Dash of pepper
- ¼ tsp. garlic powder
- ½ cup plain yogurt
- 4 oz. egg noodles, cooked

Brown ground beef with onion in skillet, stirring until crumbly, drain. Add ketchup, broth & seasonings. Simmer until done to taste. Stir in yogurt just before serving. Serve over noodles. May substitute sour cream for yogurt or rice for noodles. Yield 4 servings.

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