

## *Ketchup From Scratch*

- 1 1/4 cup tomato paste
- 1 1/4 cup water
- 1/4 to 1/2 tsp. ground cinnamon
- 1/4 tsp. ground nutmeg
- 1/4 tsp. ground mace
- 1 tsp. salt
- 1 bay leaf, split
- 1/4 tsp. garlic powder
- 1/3 cup cider vinegar
- 1 tsp. blackstrap molasses
- 1 Tbsp. sugar
- 1 tsp. celery seeds
- 1/4 tsp. dry mustard

Combine all ingredients in saucepan; mix well. Simmer for 40 minutes or until of desired consistency; discard bay leaf. May substitute honey for sugar. Yield 2 cups.

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